



INDIAN SCHOOL MUSCAT
SENIOR SECTION
DEPARTMENT OF HUMANITIES
CLASS XII PSYCHOLOGY
CHAPTER – 9 DEVELOPING PSYCHOLOGICAL SKILLS
WORKSHEET /ENRICHMENT WORKSHEET

1. Define the term skill?
2. What are the skills recommended by APA for Professional psychologist?
3. What is observation and what are the types explain?
4. How can you differentiate listening from hearing?
5. What is paraphrasing?
6. What are the advantages and disadvantages of observation method?
7. Explain the process of communication?
8. How will you differentiate a pseudo psychologist from a real psychologist?
9. What are the observational skills essential for the professional psychologist?
10. Define communication and mention its main characteristics?
11. Discuss Listening as an effective component of the communication?
12. What are the various ways to improve Listening skills?
13. Discuss the features of an effective speaking?
14. Explain the types of interview questions and give examples of each?
15. What is the typical format of the counseling interview?
